

WYD SPIRITUAL PREP

Daily:

Pray the Prayer for World Youth Day Madrid:

<http://www.madrid11.com/en/camino/prayers>

Weekly:

Attend Daily Mass once a week whenever possible

Visit Blessed Sacrament once a week

Monthly:

Receive the Sacrament of Reconciliation (Guide attached)

Read and pray as indicated below for each month leading up to WYD; Saints can be found at: <http://www.madrid11.com/en/camino/saints-and-patrons>

Make some kind of sacrifice (e.g. a fast from food, television, video games, etc., abstain from meat on Fridays, etc.) for the intention listed below for each month

November: read about St. Francis Xavier (mem Dec 3): see link above &

<http://saints.sqpn.com/saint-francis-xavier/>

Pray: Novena to St. Francis Xavier from Nov 24 to Dec 2:

http://www.xaviermissionaries.org/M_Stories/Xavier_Noven.htm

Sacrifice: for WYD pilgrims, for safety and spiritual growth, and for openness to the Holy Spirit and boldness to witness to Christ

December: read about St. John of the Cross (mem Dec 14): see link above &

<http://saints.sqpn.com/saint-john-of-the-cross/>

Pray: in Eucharistic Adoration, meditate on Colossians 2:6-7

Sacrifice: for the Church throughout the world, that the world might be set on fire with the love of Christ

January: read Pope Benedict XVI's Message for WYD 2011:

<http://www.madrid11.com/en/camino/texts-of-the-holy-father/248-mensaje2011>

Pray: in Eucharistic Adoration, meditate on Jeremiah 17:7-8

Sacrifice: for the Church in Spain, for growth and fervor for Christ

February: read about St. Rose of Lima (mem Aug 23): see link above &

<http://saints.sqpn.com/saint-rose-of-lima/>

Pray: in Eucharistic Adoration, meditate on Jn 14:1-6 or 1 Jn 5:1-5,11-12

Sacrifice: for the sanctification of consecrated men and women, and for vocations to priesthood and consecrated life

March: read about St. Isidore the Worker & St. Maria of the Head (mem May 15):

see link above & <http://saints.sqpn.com/saint-isidore-the-farmer/> and <http://saints.sqpn.com/blessed-maria-de-la-cabeza/>

Pray: in Eucharistic Adoration, meditate on Luke 6:46-48

Sacrifice: for married couples and families, for their holiness and abandonment to the Lord

April: read about St. Rafael Arnaiz (mem Apr 26): see link above &

<http://saints.sqpn.com/saint-rafael-arnaiz-baron/>

Pray: in Eucharistic Adoration, meditate on John 20:24-31

Sacrifice: for the sanctification of priests, and for vocations to priesthood and consecrated life

May: read about St. John of Avila (mem May 10): see link above &

<http://saints.sqpn.com/saint-john-of-avila/>

Pray: in Eucharistic Adoration, meditate on John 11:1-44

Sacrifice: for seminarians, for all preparing to enter their vocation, and for those God is calling, that He would bless and guide them

June: read about St. Teresa of Avila (mem Oct 15): see link above &

<http://saints.sqpn.com/saint-teresa-of-avila/>

Pray: Novena to St. Teresa of Avila, for nine days during June:

<http://www.fisheaters.com/novenas.html#teresa>

Sacrifice: for WYD leaders, that this event would bring all closer to Jesus Christ

July: read about St. Ignatius of Loyola (mem Jul 31): see link above &

<http://saints.sqpn.com/saint-ignatius-of-loyola/>

Pray: Prayer for Pope Benedict XVI:

<http://www.catholicculture.org/culture/liturgicalyear/prayers/view.cfm?id=909>

Sacrifice: for the Holy Father and his intentions, and for the abundant grace of God in the lives of the Rapid City group

Attached:

Guide to Reconciliation

Lectio Divina